BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE Early Spring 2020 – Session D

Beginning:MondayMarch 2, 2020Ending:FridayApril 24, 2020Make-upWeek:Mon-FriApr 27-30



100 Barber Place, Erie, PA 16507-1899 Website: <u>www.barberinstitute.org</u> → For Families → Swimming Pool Phone: (814)878-4071 Email: <u>mkaliszak@barberinstitute.org</u>

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Learn-To- Swim Lessons
9-11	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	Dates for our next session: Session E Early Spring May 4 through June 26, 2020
12-1	Adult Open Swim	Adult Open Swim	Adult Open Swim	Adult Open Swim	Adult Open Swim	
1-2	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	
2-3	Adult Open Swim	Private Lessons ½ hour lessons – \$15.00	Adult Open Swim	Adult Open Swim	Private Lessons ½ hour lessons – \$15.00	
3:00						
3:30						
4:00	Preschool Aqua Level 3	Level 1**	Preschool Aqua Level 1**	Preschool Advanced**	Level 2	Registration for Session E: Members April 20 Non Members April 27
4:30	Preschool Aqua Level 1	Level 2	Level 3**	Preschool Aqua Level 3**	Level 3**	
5:00	Parent Child Level 1	Preschool Aqua Level 1**	Level 4	Preschool Aqua Level 2**	Preschool Aqua Level 3**	
5:30	Parent Child Level 2	Parent Child Level 1	Preschool Aqua Level 2	Parent Child Level 2	Parent Child Level 2	
6:00	Adult Open Swim	Level 4	Adult Open Swim	Family Swim	Family Swim	
6:30	6 – 7	Adults 1 & 2	6 - 7			

** Denotes change from previous schedule

Students 6 Months to 5 Years:

Parent/Child Level 1: 6 months to 2 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Parent/Child Level 2: 2 to 4 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Preschool Aquatics Level 1: Age 3-5 Will learn going under water, blowing bubbles, floating with assistance.

Preschool Aquatics Level 2: Age 3-5 To enter, must submerge head completely under water.

Preschool Aquatics Level 3: Age 3-5 To enter, must float and motor 15 feet independently.

Preschool Aquatics Advanced: Age 3-5 To enter, must have passed Preschool level 3

Students Ages 6 and Above:

- Level 1: Will learn going under water, blowing bubbles, floating with assistance
- Level 2: To enter, must submerge head completely under. Will learn floating and locomotion skills.
- Level 3: To enter, Must float and motor 15 feet independently. Will learn stroke techniques.

Level 4: Refining Front crawl, elementary backstroke, side stroke. Learn breaststroke, butterfly, and back crawl.

Passing Level 4 provides the skills to join a swim team

Adult 1: Beginner level, shallow water swimming.

Adult 2: Advanced level, shallow and deep water swimming.

<u>SESSION D</u> <u>Member</u> Pre-Registration: Beginning MONDAY Feb17 <u>Non-Members</u> may register: Beginning MONDAY Feb. 24 Call 878-4071 to register!